

Camping Checklist for Babies & Toddlers

Make this list your own by turning it into a living document where you can add or delete items easily over time. You may not need everything on this list, or you may need additional items. Either way, this is a good jumping point to get *your* list started!



Clothes and Accessories

Pack EXTRA for blowouts and rainy days

- Pants and/or shorts
- Shirts/onesies (long and/or short sleeves)
- Sun shirts (lightweight, UPF)
- Socks
- Pajamas
- Underwear
- Coat (heavy and/or lightweight)
- Light jacket/hoodie (good for layering)
- Sun hat and/or warm hat
- Gloves/Mittens
- Swimsuit/Rash guard
- Towel
- Drool bibs
- Shoes (boots/sneakers/sandals/water shoes)
- Pacifier clips
- Hair clips/ties
- Sunglasses



Sleep

- Sleep sack and/or sleeping bag (Morrison Outdoors baby sleeping bags are AWESOME for camping)
- Pillow
- Blanket + extra blankets (muslin is great for keeping cool)
- Stuffed animals/lovies
- Portable/folding crib or sleeping pad (somewhere safe for baby to sleep)
- White noise/sound machine (portable version)
- Extra sheets/waterproof pads (for a portable crib)
- Portable baby monitor & camera with charging cable
- Rechargeable light (we really love the solar Luci light which supports a good cause!)



Other Accessories

- Burp cloths
- Nursing/feeding pillow
- Nursing covers
- Wash cloths (for a good wipe down at the end of a fun but dirty day)
- Diaper bag
- Stroller (for parks and places with paved trails)



Diapering

- Diapers/Pull-Ups/swim diapers
- Wipes (plus a small, portable wipe container to throw in a daypack)
- Diaper cream
- Changing pad (to keep baby comfortable while changing on the ground)
- Diaper baggies (Pack out that trash! Practice Leave No Trace ethics!)
- Hand wipes
- Wet and dry bags (for dirty clothes)
- Portable potty



Toiletries & Medicines

- Lotion/petroleum jelly/lanolin
- Creams & ointments (e.g., hydrocortisone, triple antibiotic ointment)
- Sunscreen
- Baby-safe bug spray
- Thermometer
- OTC medicines (e.g., infant acetaminophen and/or ibuprofen)
- Saline
- Nasal aspirator/ bulb syringe
- Hair brush/ comb
- Toothbrush
- Toothpaste
- Nail clippers
- Stocked first aid kit



Feeding

- Pacifiers
- Bottles
- Bottle warmer (this could as simple as a pot and camp stove to heat up water)
- Bottle brush
- Food bib
- Baby spoon/fork
- Plastic/silicone bowl
- Snack container
- Sippy cup and/or straw cup
- Portable highchair and/or small camp chair



For Pumping and/or Bottle-Feeding Mamas

- Pumping bag to store clean items
- Pump
- Pumping bra (I really liked using the Brauxiliary Band which attaches easily to a bra so I didn't have to bring an additional pumping bra)
- Pump parts (flanges, bottles, tubes, adapters)
- Milk bags or collection bottles with closed lids/flat bottle tops
- Medela wipes (I used these to aid sanitation)
- Car adapter to plug in electric pumps
- Cooler
- Brush for cleaning pump parts
- Extra bags to store clean and dirty parts



Hiking

- Baby/child carrier backpack (I use an Osprey Poco Plus which fits a water bladder and has a large compartment to throw in diapering items and snacks)
- Kid's backpack! (my daughter has her own little pack and it gets her excited to hike)



Play

- Outdoor play yard with sun shade (for small babies to be contained from nature items that they might like to put in their mouth!)
- Outdoor blanket (the kind that repels water from moist ground, sand, and plants; e.g., Little Unicorn outdoor blanket – by far one of my most favorite items that goes everywhere with us)
- Favorite books
- One good set of outdoor toys (e.g., a bin of sand toys with a shovel, rake, bucket, pinwheel and perhaps some little figurines to play with)
- Favorite toys (action figures, dolls, etc. – just make sure they can be washed or that you have a replacement at home if it gets lost!)



Car Entertainment

For babies:

- Crinkle toys
- Rattles
- Hand puppets
- Detachable car seat activity center (it's just like having one of the activity centers on the floor!)
- Mirror
- Soft/touch and feel books
- Songs (consider downloading some onto your phone in case you are out of service range)

For toddlers:

- Compartmentalized container to use for snacks (works their dexterity, makes eating more interesting since they have to open compartments to get food out)
- Gel window clings (if they are big enough to reach a window from their car seat)
- Post-its (easily sticks, easily comes off!)
- Masking/washi tape (same as above)
- Plastic soda bottle or a container with a small hole cut in the top + pipe cleaner + pom poms (hand the pipe cleaner or pom poms to your child, and he/she can put them through the hole in the bottle)
- Wrap trinkets in aluminum foil (and then have your child unwrap them)
- Books (can never have too many books!)
- Songs (yep, again!)
- Tablet (for movies or games)

Happy Camping!